# Coaded Veggie PIZZA BAR K-8

# Category: Entrée

## **Ingredients:**

- 8 Traditional Two Cheese Pizza
- 5 lbs Peppers, bell, red, fresh, EP
- 5 lbs Zucchini, fresh, EP
- 4 lbs 10 oz Tomatoes, fresh, diced, EP
- 3 lbs 12 oz Onions, red. EP
- · 2 lbs Mushrooms, fresh, sliced, EP
- 1 qt/31/2 c Pineapple, tidbits, drained
- · 2 lbs 8 oz Olives, black, sliced, drained
- 6 lbs 4 oz Spinach, fresh, chopped

Serving Size	1 Serving Provides	<u>Yield</u>
	1 ½ M/MA; 1 ½ G	80 Servi

Note: Does not include crediting for potential toppings

#### Nutrients Per Serving - 1/10 Pie

Calories 268 Sat Fat 5.61 g Protein 15.85 a Chol 23.75 mg Carb 25.13 mg Sodium 580.4 mg Total Fat 11.36 g Dietary Fiber 2.36 g Trans Fat 0 g/0 g

#### Notes:

80 Servings

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### Meal Components: Meat/Meat Alernative; Grain

1. Prepare Traditional Two Cheese Pizza according to recipe.

CCP: Cook to a minimum internal temperature of 135°F.

2. Hold hot until ready to serve. Cut into 8 equal slices.

CCP: Hold and serve at 135°F or above.

- 3. Preheat convection oven to 375°F.
- Rinse peppers, zucchini, tomatoes, onions and mushrooms under running water.
- **5.** Dice peppers and zucchini into 1/4-inch dices.
- **6.** Spray two (2) full size sheet pans with pan release.
- Spray peppers with pan release and place on one of the sheet pans.
- Spray zucchini with pan release and place on the other prepared pan.
- **9.** Roast in oven for approximately 10 minutes.

CCP: Cook to a minimum internal temperature of 135°F.

10. Hold hot until ready to serve. Cut into 10 equal slices.

CCP: Hold and serve at 135°F or above.

- 11. Use the following serving utensils for adding customizable toppings:
  - · Black olives No. 60 disher (3 . tsp)
  - Mushrooms No. 30 disher
  - · Onions red No 30 disher
  - Peppers, red, roasted No. 30 disher
  - Pineapple tidbits 1 oz slotted spoodle (1/8 c)
  - Spinach 4 oz spoodle (may use tongs to fill the spoodle)
  - Tomatoes No. 30 disher (2 Tbsp)
  - Zucchini, roasted No. 30 disher

