



Savory Options for Lunch Menus

Find these and other recipes online at nutritionconnection.org

Fiesta Parfait

<https://nutritionconnection.org/recipe-lunch-hybrid-week-4-day-2-fiesta-parfait-2/>



Spicy Sriracha Chicken Parfait

<https://nutritionconnection.org/recipe-spicy-sriracha-chicken-parfait/>



AMERICAN DAIRY
ASSOCIATION NORTH
EAST



Cups



Smoothies



Dips



Parfaits