



WARM UP WITH HOT CHOCOLATE MILK!

Sample Food Pairings

Hot Chocolate Milk pairs well with so many menu items!

Find these and other breakfast and lunch suggestions online at nutritionconnection.org

Breakfast:

- **Western Egg Sandwich**
Cheesy egg breakfast sandwich with roasted red peppers on an English muffin
<https://nutritionconnection.org/recipe-western-breakfast-egg-sandwich/>
- **Breakfast Grilled Cheese Sandwich**
Everyone's favorite grilled cheese, served for breakfast!
<https://nutritionconnection.org/recipe-breakfast-hybrid-week-4-day-5-breakfast-grilled-cheese-2/>
- **Cheesy Baked Oatmeal**
A cheesy breakfast delight! Baked oatmeal with vegetables, ham and eggs
<https://nutritionconnection.org/recipe-breakfast-hot-week-4-day-3-cheesy-baked-oatmeal-2/>

Lunch:

- **Pasta Bake**
An Italian delight full of tasty cheese and sauce
<https://nutritionconnection.org/recipe-lunch-hot-week-4-day-4-pasta-bake-03/>
- **Chicken Flatbread Bento Box**
A complete nutritious meal in one easy-to-serve kit
<https://nutritionconnection.org/recipe-lunch-hybrid-week-1-day-4-chicken-flatbread-bento-box-2/>
- **Cheesy BBQ chicken pizza**
A popular BBQ spin on a traditional pizza favorite
<https://nutritionconnection.org/recipe-cheesy-bbq-chicken-pizza/>



Real Milk!
Real Chocolate!
Real Good!

