



# Sizing Prep Report

American Dairy Association North East

## · 990042 - Ranch Dressing

Recipe HACCP Process:

Source: DSB

Number of Portions: 50

Portion Size: 2 TBL

Ingredient #	Ingredient Name	Measurements	Instructions
043355	MAYONNAISE,LO NA,LO CAL OR DIET	2 CUP + 1 TBSP	In a Large Bowl whisk all ingredients together until combined. Best if chilled for 2 hours before service.  <b>CCP:</b> Hold for cold service at 41° F or lower.  <b>CCP:</b> Refrigerate until served.
001179	SOUR CREAM,LIGHT	1 CUP + 1/2 TBSP	
042189	MILK,BTTRMLK,FLUID,CULTURED,RED FAT	3 1/8 CUP	
011615	CHIVES,FREEZE-DRIED	2 TBSP + 2 3/8 tsp	
002017	DILL WEED,DRIED	2 1/8 TSP	
002029	PARSLEY,DRIED	2 1/8 tsp	
002020	GARLIC POWDER	2 1/8 TSP	
002026	ONION POWDER	2 1/8 TSP	
002047	SALT, TABLE	1 tsp	
002030	PEPPER, BLACK	1 tsp (ground)	

\*Nutrients are based upon 1 Portion Size (2 TBL)

Calories <sup>1</sup>	36.665 kcal	Total Fat	2.529 g	Total Dietary Fiber	0.053 g	Vitamin C	0.411 mg	62.081% Calories from Total Fat
Saturated Fat <sup>1</sup>	0.764 g	Trans Fat <sup>2</sup>	*0.000* g	Protein	0.849 g	Iron	0.055 mg	18.749% Calories from Sat Fat
Sodium <sup>1</sup>	78.461 mg	Cholesterol	4.865 mg	Vitamin A	32.697 IU	Water	22.429 g	*0.000%* Calories from Trans Fat
Sugars	*1.224* g	Carbohydrate	2.834 g	Calcium	29.336 mg	Ash	0.478 g	30.913% Calories from Carbohydrates
Moisture Change	0.000 %	Fat Change	0.000 %	Portion Cost	\$0.000			9.262% Calories from Protein
Type of Fat	-							

Components									
Meat/Meat ALT	oz eq	Grain	oz eq	Fruit	cup	Vegetable	cup	Milk	cup

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

<sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.