American Dairy Association North East

990033 - Dressing, Creamy Herb

Recipe HACCP Process: #1 No Cook
Source: DSB
Number of Portions: 50
Portion Size: 1/4 cup

Ingredient #	Ingredient Name	Measurements	Instructions
001082	MILK,LOWFAT,FLUID,1% MILKFAT,W/ VIT A	1 CUP	**Wet your hands with clean,running water — either warm or cold. Apply soap and lather well. Rub your hands vigorously for at least 20 seconds. Remember to scrub all surfaces,including the backs of your hands,...Rinse well. Dry your hands with a clean towel or air-dry them.**
001287	YOGURT,GREEK,PLN,LOWFAT	2 LB + 1 oz	
009160	LIME JUICE,RAW	1/2 CUP	
002047	SALT,TABLE	1 tsp	Combine milk and lime juice in a mixing bowl. Allow mixture to rest for 10 minutes.
002030	PEPPER,BLACK	1 tsp, ground	
002026	ONION POWDER	1 TBSP + 1 TSP	2. Blend in the yogurt to the lime and milk mixture. Let mixture rest for 5 minutes.
002020	GARLIC POWDER	1 TBSP + 1 TSP	
002003	SPICES,BASIL,DRIED	1 tbsp, ground + 1 tsp, ground	3. Add rest of ingredients to mixture in mixing bowl. Mix for 2-3 minutes on low speed until blended.
002017	DILL WEED,DRIED	1 TBSP + 1 TSP	
002029	PARSLEY,DRIED	1 TBSP + 1 tsp	4. Chill at least 12 hours before serving to allow to thicken. CCP: Chill 41° F or lower until ready to serve

*Nutrients are based upon 1 Portion Size (1/4 cup)

Calories[1]	18.485 kcal	Total Fat	0.424 g	Total Dietary Fiber	0.137 g	Vitamin C	1.014 mg	20.634%	Calories from Total Fat
Saturated Fat[1]	0.266 g	Trans Fat[2]	*0.011* g	Protein	2.154 g	Iron	0.186 mg	12.956%	Calories from Sat Fat
Sodium[1]	55.797 mg	Cholesterol	2.115 mg	Vitamin A	75.131 IU	Water	22.272 g	*0.545%*	Calories from Trans Fat
Sugars	*0.985* g	Carbohydrate	1.665 g	Calcium	33.514 mg	Ash	0.332 g	36.021%	Calories from Carbohydrates
Moisture Change	0.000 %	Fat Change	0.000 %	Portion Cost	$0.000			46.611%	Calories from Protein
Type of Fat	-								

Components

Meat/Meat ALT oz eq	Grain oz eq	Fruit cup	Vegetable cup	Milk cup

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
* - denotes combined nutrient totals with either missing or incomplete nutrient data
[1] - denotes required nutrient values
[2] - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Aug 24, 2020