



Sizing Prep Report

American Dairy Association North East

· 990046 - Meatballs ~ "Food Truck Style" & Breadstick

Recipe HACCP Process: #2 Same Day Service

Source: DSB

Number of Portions: 50

Portion Size: each

| Ingredient # | Ingredient Name | Measurements | Instructions |
|--------------|---|------------------|--|
| 121893 | Ultra Loco Breadsticks | 50 Stick | No Instructions Assigned |
| 121523 | COOKED BEEF MEATBALLS | 50 (5 Meatballs) | <p>Wet your hands with clean,running water — either warm or cold. Apply soap and lather well. Rub your hands vigorously for at least 20 seconds. Remember to scrub all surfaces,including the backs of your hands,...Rinse well. Dry your hands with a clean towel or air-dry them.</p> <p>Combine meatballs and sauce and heat to 165 degrees.</p> <p>Warm breadstick per manufacturer instructions.</p> <p>In an 8 oz foam squat cup,add:</p> <p>5 meatballs with the sauce,topped with 2 Tbsp shredded cheese</p> <p>Serve with warm breadstick</p> <p>CCP: Hold at 135° F or higher.</p> <p>CCP: Hold for hot service at 135° F or higher</p> |
| 051497 | Spaghetti Sauce, Low-sodium, Canned | 12 LB + 8 oz | |
| 001271 | CHEESE,MOZZARELLA,LO MOIST,PART-SKIM,SHREDDED | 12 1/2 oz | |
| | | | |

*Nutrients are based upon 1 Portion Size (each)

| | | | | | | | | |
|----------------------------|--------------|------------------------|-----------|---------------------|------------|-----------|-----------|-------------------------------------|
| Calories ¹ | 316.121 kcal | Total Fat | 15.527 g | Total Dietary Fiber | 2.907 g | Vitamin C | 6.443 mg | 44.205% Calories from Total Fat |
| Saturated Fat ¹ | 5.520 g | Trans Fat ² | 0.650 g | Protein | 17.582 g | Iron | 3.034 mg | 15.716% Calories from Sat Fat |
| Sodium ¹ | 475.734 mg | Cholesterol | 42.607 mg | Vitamin A | 339.114 IU | Water | *3.176* g | 1.852% Calories from Trans Fat |
| Sugars | 6.602 g | Carbohydrate | 26.643 g | Calcium | 116.889 mg | Ash | *N/A* g | 33.713% Calories from Carbohydrates |
| Moisture Change | 0.000 % | Fat Change | 0.000 % | Portion Cost | \$0.000 | | | 22.247% Calories from Protein |
| Type of Fat | - | | | | | | | |

| Components | | | | | |
|---------------|---------|-------|---------|-----------|-----|
| Meat/Meat ALT | 2 oz eq | Grain | 1 oz eq | Fruit | cup |
| | | | | Vegetable | cup |
| | | | | Milk | cup |

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.