



Sizing Prep Report

American Dairy Association North East

· **990042 - Ranch Dressing**

Recipe HACCP Process:

Source: DSB

Number of Portions: 50

Portion Size: 2 TBL

| Ingredient # | Ingredient Name | Measurements | Instructions |
|--------------|-------------------------------------|--------------------|---|
| 043355 | MAYONNAISE,LO NA,LO CAL OR DIET | 2 CUP + 1 TBSP | In a Large Bowl whisk all ingredients together until combined. Best if chilled for 2 hours before service. CCP: Hold for cold service at 41° F or lower. CCP: Refrigerate until served. |
| 001179 | SOUR CREAM,LIGHT | 1 CUP + 1/2 TBSP | |
| 042189 | MILK,BTTRMLK,FLUID,CULTURED,RED FAT | 3 1/8 CUP | |
| 011615 | CHIVES,FREEZE-DRIED | 2 TBSP + 2 3/8 tsp | |
| 002017 | DILL WEED,DRIED | 2 1/8 TSP | |
| 002029 | PARSLEY,DRIED | 2 1/8 tsp | |
| 002020 | GARLIC POWDER | 2 1/8 TSP | |
| 002026 | ONION POWDER | 2 1/8 TSP | |
| 002047 | SALT, TABLE | 1 tsp | |
| 002030 | PEPPER,BLACK | 1 tsp (ground) | |

*Nutrients are based upon 1 Portion Size (2 TBL)

| | | | | | | | | |
|----------------------------|-------------|------------------------|-----------|---------------------|-----------|-----------|----------|-------------------------------------|
| Calories ¹ | 36.665 kcal | Total Fat | 2.529 g | Total Dietary Fiber | 0.053 g | Vitamin C | 0.411 mg | 62.081% Calories from Total Fat |
| Saturated Fat ¹ | 0.764 g | Trans Fat ² | *0.000* g | Protein | 0.849 g | Iron | 0.055 mg | 18.749% Calories from Sat Fat |
| Sodium ¹ | 78.461 mg | Cholesterol | 4.865 mg | Vitamin A | 32.697 IU | Water | 22.429 g | *0.000%* Calories from Trans Fat |
| Sugars | *1.224* g | Carbohydrate | 2.834 g | Calcium | 29.336 mg | Ash | 0.478 g | 30.913% Calories from Carbohydrates |
| Moisture Change | 0.000 % | Fat Change | 0.000 % | Portion Cost | \$0.000 | | | 9.262% Calories from Protein |
| Type of Fat | - | | | | | | | |

| Components | | | | | | | | | |
|---------------|-------|-------|-------|-------|-----|-----------|-----|------|-----|
| Meat/Meat ALT | oz eq | Grain | oz eq | Fruit | cup | Vegetable | cup | Milk | cup |
| | | | | | | | | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.