



Sizing Prep Report

American Dairy Association North East

990103 - Pasta Salad Crazy Cheesy

Recipe HACCP Process: #2 Same Day Service

Source: DSB

Number of Portions: 50

Portion Size: each

Ingredient #	Ingredient Name	Measurements	Instructions
799984	PASTA, PENNE, MULTI-GRAIN, DRY	50 (2 OZ)	<p>Wet your hands with clean,running water — either warm or cold. Apply soap and lather well. Rub your hands vigorously for at least 20 seconds. Remember to scrub all surfaces,including the backs of your hands,...Rinse well. Dry your hands with a clean towel or air-dry them.</p> <p>Cook pasta following manufacturer directions. Drain,rinse,and chill.</p> <p>CCP: Cool to 41° F or lower within 4 hours.</p> <p>CCP: Refrigerate until served.</p>
900347	CHEESE SUB,"SCHOOL CHOICE SHRED CHEDDAR CHEES	1 LB + 9 oz	
119045	Pepper Jack Cheese Slice	1 LB + 9 oz	
900346	CHEESE SUB,"SCHOOL CHOICE MOZZARELLA CHEESE S	1 LB + 9 oz	
990377	Turkey Pepperoni - Jennie-O	1 LB + 9 oz	
799982	OLIVES,RIPE,CND (SMALL-EXTRA LRG)	3 1/8 cup	
011333	PEPPERS,SWEET,GREEN,RAW	1 qt + 2 1/4 cup	
990376	Italian Dressing Low Calorie	6 LB + 4 oz	
901590	TOMATOES,PLUM+ITALIAN,RAW	12 1/2 CUP cherry toms	

*Nutrients are based upon 1 Portion Size (each)

Calories ¹	443.723 kcal	Total Fat	16.881 g	Total Dietary Fiber	2.829 g	Vitamin C	*19.761* mg	34.240% Calories from Total Fat
Saturated Fat ¹	4.929 g	Trans Fat ²	*0.000* g	Protein	20.356 g	Iron	2.842 mg	9.998% Calories from Sat Fat
Sodium ¹	1393.921 mg	Cholesterol	23.119 mg	Vitamin A	1733.554 IU	Water	*72.666* g	*0.000%* Calories from Trans Fat
Sugars	*0.446* g	Carbohydrate	52.353 g	Calcium	*598.066* mg	Ash	*N/A* g	47.194% Calories from Carbohydrates
Moisture Change	0.000 %	Fat Change	0.000 %	Portion Cost	\$0.000			18.350% Calories from Protein
Type of Fat	-							

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Components									
Meat/Meat ALT	2 oz eq	Grain	2 oz eq	Fruit	cup	Vegetable	.25 cup	Milk	cup

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